

Catholic Social Services Older Adult Services

2006 Resource Directory for Washtenaw County



(734)712-3625

[All phone numbers are in the 734 area code unless otherwise marked]

1. ADULT DAY CARE

Generations Together	426-4091
HelpSource	973-1900
Silver Club (Turner Geriatric Clinic) U-M	998-9352

2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B	1-800-852-7795
Turner Care Connections U-M	764-2556

3. CHORE & MAINTENANCE

Aid In Milan	439-8420
MI Dept. of Human Services (Adult Services)	481-2000
Neighborhood Senior Services	712-7775

4. COUNSELING/MENTAL HEALTH SERVICES

Catholic Social Services (CSS)	971-9781
Chelsea Behavioral Health Services	475-4029
Health Services Access	1-800-440-7548 or 544-3050
Psychiatric Emergency Services 24 hr. Crisis Center	996-4747
St. Joseph Mercy Behavioral Services	786-2301
Turner Geriatric Clinic U-M	764-2556

5. EDUCATION

AARP	1-866-227-7448
EMU ElderWise	572-2035
Learning in Retirement (Turner Geriatric Clinic U-M)	998-9351
WCC Lifelong Education Program	677-5027
Washtenaw Literacy	769-0099/879-1320

6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Service-Elder Abuse..1-800-996-6228/481-9110	
Citizens For Better Care-Elder Abuse	1-800-833-9548
Neighborhood Senior Services	712-7775
Safe House Ctr.(Domestic Violence/Sexual Assault).....	995-5444

7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

Aid In Milan	439-8420
American Red Cross.....	971-5300
CSS Emergency Food Program	662-4462
MI Department of Human Services	481-2000
Faith In Action, Inc. (Dexter & Chelsea School Districts)	475-3305
Friends in Deed	484-4357
Manchester - Community Resource Center	428-7722
Northfield Human Services	449-0110
Psychiatric Emergency Services 24 hr. Crisis Center	996-4747
Saline Area Social Services	429-4570
Salvation Army - Ann Arbor/Ypsilanti	668-8353/482-4700
Shelter Association of Washtenaw County	662-2829
S.O.S. Community Crisis Center	484-4300
Washtenaw County Emergency Services	544-6850

8. EMPLOYMENT FOR OLDER WORKERS

HelpSource: Senior Aides	973-1900
Senior Environmental Employment Program	528-4280

9. GRANDPARENT HELP & INFORMATION

CSS Grandparents As Parents	712-3625
-----------------------------------	----------

10. HEARING & SPEECH IMPAIRMENT

Deaf, Hearing & Sign Language Center	1-313-341-1353
TDD	1-313-861-4669
EMU College of Education Clinical Suite	487-4410
Turner Geriatric Clinic U of M	764-2556

11. HOME HEALTH CARE

ChelseaCare Home Health.....	475-4190
Glacier Hills	769-5758
HelpSource Home Support	973-1900
Michigan Visiting Nurses	677-4515
St. Joseph Mercy Home Care	327-3200

[Also see listings in Yellow Pages under "Nurses" or "Home Health"]

An annual publication of:

Older Adult Services
Catholic Social Services of Washtenaw County

12. HOSPICE

Arbor Hospice and Home Care	1-800-783-5764/662-5999
Hospice of Michigan	769-4212
St. Joseph Mercy Hospice	327-3400

13. HOUSING INFORMATION

Ann Arbor Housing Commission	994-2828
Housing Bureau for Seniors	998-9339
Ypsilanti Housing Commission	482-4300

Independent, Assisted Living & Alzheimer's Residences

Alterra Clare Bridge	213-1708
American House	677-0071
Brecon Village	429-1155
Brookhaven Manor	747-8800
Chelsea Retirement Communities	475-8633
Evangelical Home - Saline	429-9401
Fairfax Manor	483-6662
Gilbert Residence	482-9498
Glacier Hills	769-6410
Hillside Terrace Retirement Center.....	761-4451
Huron Woods	712-7858
Lexington Club	572-9000
Lurie Terrace	665-0695
Silver Maples of Chelsea	475-4111
Sunrise Assisted Living	327-1350 / 741-9500
Superior Woods Healthcare Center.....	547-7600
The Pines Senior Apartments.....	433-9130
The Village at St. Joseph Mercy Hospital.....	712-1600
University Living.....	669-3030

Apartments - Subsidized or Affordable

Baker Commons.....	994-2828	Carpenter Place.....	973-8377
Chidester Place.....	487-9400	Clark East Twrs.....	482-5511
Courthouse Square.....	995-5511	Cranbrook Twr.....	668-8914
Cross St. Village.....	483-8300	Milan Village Apts.....	439-8179
Mill Pond Manor.....	429-3838	Miller Manor	994-2828
Parkway Mdws.....	662-5055	Sequoia Place	669-8840
Towne Centre.....	482-5500	Woodhill Sr. Apts.....	428-0555

14. INFORMATION, REFERRAL, RESOURCE ADVOCACY

Area Agency on Aging 1-B	1-800-852-7795
CSS Older Adult Services	712-3625
Center for Independent Living	971-0277
Memorial Advisory & Planning Service	665-9516
Neighborhood Senior Services.....	712-7775
Washtenaw United Way 211	477-6211

15. LEGAL SERVICES

Legal Hotline (phone advice only)	1-800-347-5297
Legal Resource Center	994-0160
Legal Services of South Central Michigan.....	665-6181
Washtenaw Bar Association Lawyer Referral	996-3229

16. MEALS

Senior Nutrition Program.....	1-800-838-5832/544-3046
-------------------------------	-------------------------

Group Meal Sites (call for reservations)

AA Comm. Cntr... 662-3128	AA Senior Center	769-5911
Baker Commons .. 994-2902	Chelsea Senior Cntr	475-9242
Dexter	Jewish Comm Cntr.	971-0990
Lincoln	Manchester	428-7630
Milan	Miller Manor	994-0488
Pittsfield	Saline Senior Cntr	429-9274
Turner Resource ... 998-9353	Whitmore Lake	449-8480
Ypsilanti	Ypsi. Township	544-3838

Home-Delivered Meals

Senior Nutrition Program	1-800-838-5832
Motor Meals of Ann Arbor	998-6686
Ypsilanti Meals on Wheels	487-9669

Printing Services contributed by:

Washtenaw County
Employment Training & Community Services (ETCS) Group
Sponsor of the Senior Nutrition and
Foster Grandparent Programs of Washtenaw County



Catholic Social Services Older Adult Services

2006 Resource Directory for Washtenaw County

(734)712-3625



17. MEDICAL SERVICES

Dental

Community Dental Center	998-9640
Hope Dental Clinic	480-9575
University of Michigan School of Dentistry	763-6933

Geriatric Health Assessment

St. Joseph Mercy Senior Health Services	712-5189
Turner Geriatric Clinic U-M	764-6831
Ypsilanti Family Practice U-M	482-6221

Health Services

Chelsea Community Hospital	475-1311
Chelsea Health Center U-M	475-1321
Hope Medical Clinic	481-0111
Medical Loan Closet	482-7121
Neighborhood Health Clinic	544-6900
Packard Community Clinic	971-1073
St. Joseph Mercy Saline Community Hospital	429-1500
St. Joseph Mercy Senior Health Services	712-5189
Turner Geriatric Clinic U-M	764-6831
Veteran Affairs AA Healthcare System (V.A.)	769-7100
Washtenaw County Health Department	544-6700
Whitmore Lake Health Clinic	449-2033

Medical Alert Systems

CSS/SJMH "Lifeline"	712-3922
Chelsea Hospital "Lifeline"	475-4074
Huron Valley Ambulance "Lifeline"	477-6453
Michigan Visiting Nurses "Lifeline"	477-7295

Prescription Assistance

CSS Medicare/Medicaid Assistance Program	1-800-803-7174 or 712-3625
Washtenaw County Prescription Plan	544-6886
Neighborhood Senior Services	712-7775

18. MEDICAID HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program	1-800-803-7174 or 712-3625
MI Department of Human Services	481-2000
Medicaid Helpline	1-800-642-3195

19. MEDICARE HELP & INFORMATION

CSS Medicare/Medicaid Assistance Program	1-800-803-7174 or 712-3625
Medicare	1-800-633-4227
Michigan Peer Review Organization (MPRO)	1-800-365-5899

20. NURSING HOME INFORMATION

Housing Bureau for Seniors	998-9339
Michigan Department of Community Health Nursing Home Monitoring	1-517-334-8408
Complaint Intake Unit	1-800-882-6006
Michigan Long-Term Care Ombudsman	1-866-485-9393

21. NURSING HOMES

Bortz Health Care of Ypsilanti	483-2220
Chelsea Retirement Community	475-8633
Evangelical Home - Saline	429-9401
Gilbert Residence	482-9498
Glacier Hills Care & Rehabilitation Center	769-0177
Heartland Health Care Center	975-2600
Northfield Place	449-4431
Riverview of Ann Arbor	761-3800
Superior Woods Healthcare Center	547-7600
Whitehall of Ann Arbor	971-3230

22. PHYSICAL FITNESS

Ann Arbor YMCA	996-9622
Saline Recreation Complex	429-3502
Turner Senior Resource Center U-M	998-9353
Washtenaw County Parks and Recreation	971-6337
Chelsea Comm. Hosp. Health & Wellness Center	475-4100

[Also see your local Senior Center]

An annual publication of:

Older Adult Services
Catholic Social Services of Washtenaw County

23. RESPITE CARE

ArborCare, Inc.	975-6608
Area Agency on Aging 1-B	1-800-852-7795
Brecon Village	429-1155
CSS Volunteer Respite Program	712-3625
Fairfax Manor	483-6662
Huron Woods	712-4295
Sunrise Assisted Living	741-9500/327-1350
Superior Woods Healthcare Center	547-7600

24. SENIOR CENTERS

AA Comm. Ctr.	662-3128	AA Sr. Center	769-5911
Chelsea	475-9242	Dexter	426-7737
Jewish Comm	971-0990	Lincoln	484-7000
Manchester	428-7865	Milan	439-1549
Northfield Twp	449-2295	Pittsfield	822-2117
Saline	429-9274	Turner Sr. Resource	998-9353
Ypsilanti (City)	483-5014	Ypsilanti Township	544-3838

25. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous	482-5700
Behavioral Health Services	475-4029
Neighborhood Senior Services	712-7775

26. SOCIAL SECURITY ADMIN.

.....	1-800-772-1213
-------	----------------

27. SUPPORT GROUPS

Al-Anon	995-4949
Alzheimer's Association	1-800-337-3827
Arthritis Foundation (Mich. Chapter)	1-800-968-3030
CSS Grandparents As Parents	712-3625
Hospice Grief Recovery	327-3400 or 769-4212 or 662-5999
Parkinson's Disease	1-800-852-9781
St. Joseph Mercy Health System Cancer	1-888-474-4673 or 712-5948
Heart	712-3583
Stroke	712-4290
Turner Geriatric Clinic U-M Caring for Aging Relatives, Caring for Your Mate, Diabetes, Depression, Gay & Lesbian Older & Wiser (GLOW), Low Vision, Hearing Loss, Smoking Reduction	764-2556

28. TAX ASSISTANCE

AARP - Michigan Office	1-866-227-7448
CSS Tax Assistance Program	712-3625
Housing Bureau for Seniors	998-9339
St. Francis of Assisi Catholic Church	769-2550

29. TRANSPORTATION (Non - Emergency)

Aid In Milan	439-8420
Ann Arbor Transportation Authority (Info. Line)	973-6500
Nite Ride and Holiday Ride	528-5432
A-Ride and Senior Ride	973-1611
Huron Valley Ambulance	994-4111
Manchester Senior Citizens	428-9233
Milan Public Transit	439-2457
Neighborhood Senior Services	712-7775
People's Express	216-6073
Western-Washtenaw Area Value Express	475-9494

30. VETERANS

Washtenaw County Veterans Services	971-2195
Veteran Affairs AA Healthcare System (V.A.)	769-7100

31. VISION IMPAIRMENT

Kellogg Eye Center U-M	763-1415
Washtenaw Library for the Blind	1-888-460-0680/973-4350

32. VOLUNTEER OPPORTUNITIES

CSS Retired and Senior Volunteer Program	712-3625
Washtenaw Co. Foster Grandparents (Stipend)	544-6746
Neighborhood Senior Services	712-7775

Printing Services contributed by:

Washtenaw County
Employment Training & Community Services (ETCS) Group



Sponsor of the Senior Nutrition and
Foster Grandparent Programs of Washtenaw County